



THE COUCH: OG Edition

Compeer Niagara has a free, safe, and comfortable space for Niagara County Tweens and Teens

Youth ages 13-16.

Spend time with friends, make new friends, and hang out! Movies, videogames, boardgames, art supplies, and snacks will be available.

EVERY WEDNESDAY OF THE MONTH

2:30-6:30pm

**The Mental Health Association in
Niagara County
36 Pine Street Lockport, NY 14094**

**Participants can arrive and leave at any time
during program hours.**

**Call Compeer Niagara at the MHA 716-433-3780
or email Tara Porter, Compeer Niagara Director
tporter@mhanc.com for more details.**



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Mental Wellness Starts With Friendship